

Information about MentalSpa-treatments

In order to pamper you, to maintain your health and improve your well-being, we would like to inform you in advance about your options in the MentalSPA and our treatments.

With the following symptoms & illnesses we are not allowed to do any treatments:

Acute & contagious diseases (for example: fungal & skin infections, herpes), pain, injuries, inflammation

Contagious infections (for example: cold, cough, flu, fever, inflammation)

Areas of application: open wounds, warts, sunburn, skin diseases, herpes, eye diseases

Treatments on the following may be carried out after medical or therapeutic authorization: (please tick)

- | | |
|---------------------------------------|------------------------------------|
| ◦ Acute pain | ◦ Cardiovascular diseases |
| ◦ Joint disease & rheumatism | ◦ Blood pressure problems |
| ◦ Varicose veins, oedema & thrombosis | ◦ Blood clotting disorders |
| ◦ Mental illnesses | ◦ Surgery within the last 6 months |

Additional exclusion criteria for MentalSPA treatments are:

- **Body treatments, massage:** herniated discs & surgery (6 months) only with medical authorization
- **Singing bowls:** tinnitus
- **Biofeedback:** cardiac pacemakers, in cases of illness only with medical or therapeutic authorization
- **Consulting offers:** with mental illnesses only with medical or therapeutic authorization
- **Eye wellness:** eye diseases only with medical or therapeutic authorization
- **Radio frequency & ultrasound:** brain tumours, cancer, psoriasis, dermatitis, epilepsy, thyroid problems, heart disease, facial paralysis, after surgeries, implants, injections, fresh wounds, photosensitivity, facial piercings, metal allergies, scars (6 months), severe acne, herpes & inflammation of the skin
- **Pregnancy:** dizziness, nausea, high-risk pregnancy, cardiovascular complaints.
No massages in the lumbar region, sacrum, feet, in case of underweight or illness of the unborn child.

Are there any allergies or intolerances? If YES, which ones? _____

Are you possibly pregnant? If YES, Congratulations, in which week of pregnancy are you in? _____

I confirm there are no exclusion criteria for my booked treatment (please tick)

_____ first & last name

_____ signature

_____ from till 2024

_____ room number

_____ date of stay

Note

If, despite expert use, consequential damage occurs which is attributable to the fact that reasons for exclusion or dangers have been concealed or expressly accepted by the guest, our employees and the business owner are exempt from any liability. The same applies to damages caused by the fact that a reason for exclusion or a danger was not known to the guest himself and therefore not recognizable to our employees or the business owner. Your data will be stored by us for as long as legal claims against us may exist. Afterwards we will delete your data properly. We do not pass on guest data to third parties!