

Your treatments at the MentalSpaResort Fritsch am Berg

We look forward to pampering you with us!

With our treatments in the Spa & Health Centre, we only treat healthy people who want to strengthen and maintain their health. Please complete and sign this form.

What do you want to achieve with treatment?

- | | |
|---|---|
| <input type="checkbox"/> feel more relaxation | <input type="checkbox"/> Do something good for myself |
| <input type="checkbox"/> underline my beauty | <input type="checkbox"/> Promote my health |
| <input type="checkbox"/> I have a request:: | |

Is there a pregnancy?

- ☐ No
- ☐ Yes - I am in the _____ week of pregnancy. Congratulations!
I hereby confirm that I have read the additional information for pregnant women.
There are no exclusion criteria (see back page) for me to be able to enjoy my treatment.
Further information is also available at: fritschamberg.at/treatment-information/

Is there an allergy or intolerance to products in contact with the skin?

- ☐ No
- ☐ Yes, this: _____

Medical clarification before treatment is necessary in the following cases

- | | |
|--|---|
| <ul style="list-style-type: none">◦ acute pain,◦ Joint Disease & rheumatism◦ Varicose veins, oedema, thrombosis◦ Mental illness | <ul style="list-style-type: none">◦ Cardiovascular diseases◦ Blood pressure problems◦ Blood clotting disorders◦ Operation in the last 6 months |
|--|---|
- ☐ I do not have any of these diseases
- ☐ I have marked my illnesses and obtained clearance from doctors or therapists.

Unfortunately, we are generally not allowed to perform treatments on guests with

- Acute and contagious illnesses, pain, injuries, inflammations, fungal and skin infections
- Contagious infections (e.g., cold, cough, runny nose, fever, inflammations)

May we pamper you with our treatments? We are looking forward to it!

- ☐ I have carefully read and understood all the information on both sides.
There are no reasons for exclusion from treatment.

Arrival date

Departure date

Room number

First & last name

Signature

Information

In the event that consequential damages occur despite expert application, which can be attributed to the fact that reasons for exclusion or dangers were concealed or expressly accepted by the guest, our employees as well as the business owner are exempt from any liability. The same applies to damages that arise because a reason for exclusion or a danger was not known to the guest and therefore not recognisable to our employees or the business owner. Your data will remain stored with us for as long as legal claims against us may exist. After that, we duly delete your data. We do not pass on guest data to third parties!

For your protection, we unfortunately do not treat you in the following cases:

Exclusion criteria for ALL applications

- Acute and contagious illnesses, pain, injuries, inflammations, fungal and skin infections
- Contagious infections (e.g., cold, cough, runny nose, fever, inflammations)

Affected areas of the body must not be treated if:

- Herniated discs & surgery (except when cleared by your doctor)
- Open wounds, injuries, inflammation, sunburn
- Warts, eczema, fungal diseases, skin diseases, conjunctivitis, stye, herpes

Exclusion criteria for facial treatments with radiofrequency & ultrasound

- Brain tumour, cancer, psoriasis, dermatitis, epilepsy
- Thyroid problem, heart disease
- Facial paralysis, after operations, implants, injections
- Fresh wounds, photosensitivity
- Facial piercings, metal allergy, scars (6 mon.)
- Severe acne, herpes & inflammation of the skin

Exclusion criteria for biofeedback

- Wearing a pacemaker

Info on health & mental applications

Counselling, coaching, supervision, self-awareness, biofeedback

- The treatments in the mental wellness area do not replace therapy or medication.
- Guests who are undergoing medical or therapeutic treatment must confirm that they have been cleared by the doctors and therapists treating them.
- Do not treat patients who pose a risk to themselves or others.
- Symptoms, medication, etc. are asked about confidentially in the setting.

Info for pregnant women

We are responsible for you and your child! Please check with your doctor before your holiday what is good for you and what you should refrain from doing. We leave this to your responsibility.

For your safety, we do not treat you:

- in the area: lower lumbar region, sacrum, pelvic region, feet (as it promotes or triggers labour)
- in case of underweight and/or illness of the unborn child
- for dizziness, nausea, high-risk pregnancy, cardiovascular problems
- alone for bathing rituals (we are happy to offer bathing rituals for two)

You can find more information about your options at: fritschamberg.at/behandlungsinformationen/

We thank you for your understanding that, for the protection of all guests, entry to the entire wellness facility is not permitted with the following illnesses.

- Contagious diseases (e.g., fungal infections, skin infections, inflammations, etc.)
- Contagious infections (e.g., cold, cough, runny nose, fever, infections, etc.)

For indoor sports activities, we kindly request you to come dressed in sportswear and indoor sports shoes.